

# Football is Medicine 2026

Time	21/01 (Wednesday)	22/01 (Thursday)	23/01 (Friday)	24/01 (Saturday)
09.00 - 09.30		Keynote 1	Keynote 3	
09.30 - 10.00				
10.00 - 10.30	Registration open/Networking (Colégio dos Jesuítas)	Coffee Break (45 min)	Coffee Break (45 min)	Workshop on recreational football for +50 men and women for football coaches, by Peter Krstrup and his Danish Team
10.30 - 11.00				
11.00 - 11.30		Free Oral Communications/ Symposiums (90 min)	Poster Session (90 min)	
11.30 - 12.00				
12.00 - 12.30				
12.30 - 13.00		Lunch (90 min)	Lunch (90 min)	Lunch (60 min)
13.00 - 13.30				
13.30 - 14.00				
14.00 - 14.30	Social Event	Free Oral Communications (90 min)	Free Oral Communications (90 min)	Workshop on recreational football for +50 men and women for football coaches, by Peter Krstrup and his Danish Team
14.30 - 15.00				
15.00 - 15.30				
15.30 - 16.00		Coffee Break (30 min)	Round Table	
16.00 - 16.30	Opening ceremony and Honorary Reception at Funchal City Hall			
16.30 - 17.00		Keynote 2	Closing Ceremony	
17.00 - 17.30				
17.30 - 18.00				
18.00 - 18.30				
18.30 - 19.00				
19.00 - 19.30			Conference dinner (19.00 - 22.30)	